



CLA Sonbeam

September 24, 2009

SEPTEMBER AT A GLANCE

28th – PTF
29th – Home Game / Warren

OCTOBER AT A GLANCE

2nd- Car Wash Money/ Yellow Sheet Due
Away Game Girard
5th- CLA Hoss's Fund Raiser
6th- Home Game/ French Creek
9th- Home Game/ Meadville
12th- Board Meeting
13th- Home Game/ Erie 1st Christian
14th- PSAT Test
15th-16th- Vacation/ Teachers Conference
19th-20th- First Round VB Tournament Play
23rd-24th- VB League Tournament
26th- PTF

MONEY COLLECTION

You have one week to collect your car wash money. All money and the yellow sponsor sheet are due in the office, Friday, Oct. 2nd before 4:00 to be eligible for prizes. Prize order forms will be sent home the following week.

BASKETBALL

Basketball season is just around the corner! Varsity girls 7-12 grades will be coached by Ted and Diane Bean, Jr. High boys L.B. Tygert, and Varsity boys Jim Flaherty. 5-12 boys are eligible to play. Sports packets were handed out this week. A sport physical, athletic permission form, and the sports fee must be turned in to Mrs. Myers before the first practice November 2nd. Schedule your Doctors Appointments

PTF

The first meeting of the school year is Monday, September 28th at 7:00 PM. Babysitting will be available at a charge of \$1.00 per child. President Rachael Smith will give an overview of the goals and plans for this year. She will explain and answer any questions regarding the SCRIP Program. We hope you will make it a priority to attend.

DIRECTORY CORRECTIONS

Sorry, we need to make two corrections in the directory: Stachelrodt home- 814-209-016 instead of 814-437-6763 and Lawrie cell- 814-671-3755 instead of 814-671-3705.



Organizing See You at the Pole: Molly Black, Lindsey Exley, Brooke Lawrie, Emma Bean and Mallory Mohnkern.
Thank you!!!



SEE YOU AT THE POLE

On Wednesday, Sept. 23, students, parents and teachers met at the flagpole outside of the school to pray for our school and the country. We appreciate all the parents that came with their children to give support and the prayers that were said. We hope to see you next year as well.



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PE DAY

Next Wednesday, Sept. 30, the high school will be going to Cooks Forest for an all day hike. Permission slips will be going home with students today.

COMBINED CHAPEL

This upcoming Monday, Sept. 28, we will be having a combined chapel and a special speaker, Sujo- John, a survivor of the 9-11 attack on the World Trade Centers. We invite all parents to come and join us to here his message. It will begin around 8:10 and end around 8:55.

SCRIP NEWS

Scrip orders must be in the office by 3:00 PM every Friday or can be placed online. Orders will be delivered by the following Friday.

A/H1N1 (Swine Flue)

We are receiving updates and recommendations from Cranberry School District regarding flue concerns. To the right appear some tips from Cranberry School District.



HOSS'S CLA FUND RAISER

Monday, October 5th is Hoss's Steak House Community Day for CLA. CLA will receive 20% of the proceeds of those patrons presenting a Community Day Card when they place their order anytime during that day. A flyer with coupons on it (which may be reproduced) is included in this Sonbeam edition. Please make copies and give them to friends and family and post them at church as well. Write your child(ren) teacher names on the back of each card before you distribute them and the class that has the most cards turned in to the restaurant, will be eligible for an ice cream party. Proceeds from this and our Pizza Hut night will be used for physical improvements for our school.

Top 10 Tips for Preventing the Spread of Flu

1. Keep your child home from school or day care when he or she is sick.
2. Allow your child to return to school only when fever-free for at least 24 hours (no longer having a fever without use of fever-reducing medicines).
3. Cover your cough. Cough into your upper sleeve or into a tissue and discard properly.
4. Properly dispose of used tissues and other soiled items, and wash your hands after doing so.
5. Wash hands frequently and regularly, or use hand sanitizers when water is not readily available.
6. Regularly clean and disinfect areas and items likely to have frequent hand contact.
7. Contact your health care provider when your child or other family member is sick with the flu (symptoms include fever, cough, sore throat, runny nose, headache and body aches).
8. If you are not able to stay home with your child, plan ahead for how he or she will be taken care of when sick at home or if school is closed.
9. Have your child vaccinated against the flu every year.
10. Stay informed through www.health.state.pa.us, www.cdc.gov, or www.flu.gov.

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